

Kyra Grosman, Psy.D.
kyra_grosman@yahoo.com

Policies

As a psychologist and psychotherapist, your privacy is of the utmost importance to me. Our communications (and even the fact that you have to see me) are confidential. My policy is to release your information only:

- To you, or as explicitly authorized by you (such as to bill insurance)
- As necessary for your treatment (e.g. managing an emergency)
- In rare instances, as otherwise required by law (e.g. as a mandated reporter of child abuse).

If it is important to you that I communicate with you in particular ways (e.g. not to leave a message at your work number), please be sure to let me know.

With some of my patients, I make video recordings of sessions, but only with prior discussion and written consent.

If you have any questions or issues about privacy, confidentiality, or how I manage your information, please speak to me or contact me.

If you are unable to keep your appointment, please give me as much advance notice (in person or by email) as you're able to. If the notice is less than 72 hours notice, you will be responsible for the appointment charge. Please note that insurance does not cover the cost of missed or cancelled appointments. With advance notice, I am sometimes able to reschedule an appointment without charge. Also please note that you are allowed to miss two sessions every four months without charge. After that, you will be charged for missed sessions, whether or not you provide notice in advance.

I am most available by text and then email. In the event of an emergency or anything requiring a rapid response, text is the quickest way to be in touch with me. If you email me and don't hear back within a few days, please contact me again.

Because email is not encrypted, it is not possible to absolutely guarantee its privacy. By emailing me, you are consenting to me sending you email communication that may contain protected information.

Name: _____

Signed: _____

Date: _____